



## Risk Assessment; Come and Try It session from Friars Meadow

Activity: SCC's Come and Try It!		Location/Site: Friars Meadow	
Hazard	Who might be harmed?	Is the risk adequately controlled?	What further action is necessary to control the risk?
Entering and leaving the water	Instructors/coaches/helpers  Paddlers	Code of conduct stands includes no avoiding damage to river banks and flora. Coaches/helpers support participants entry/exit into and from boats and or the river from the bank or with appropriate level of paddler on the water.	Coaches/helpers given a brief discussion before the session.  All paddlers given a pre-session briefing - action in the event of a capsize is explained here if new to sport and PFDs checked and fitted with help from the paddler.
Carrying boats	Coaches/helpers  Participants	All boat manoeuvres off or from the water including emptying after capsize and completion of sessions are overlooked by coaches/instructors and helpers running the sessions who have been trained to BC standards for carrying (within reason). Dual carrying techniques used when possible.	Coaches/volunteers and helpers reminded in practice discussion before the session.  All participants reminded of straight back and bent knees if carrying boats.
Pollution	Coaches/helpers  Participants	All boats checked and or cleaned before entry into the river and where possible adjustments to be made to foot rests.	Good practice shared.
Drowning	Coaches/helpers	All participants fitted with buoyancy aids to be worn at all times during the session on the water. BAs have been	Observation by coaches/helpers

	Participants	checked to CEA standards by the SCC.  Free swimmers are allowed during the session due to the informality of the event but instructors or volunteers keep a lookout for issues i.e. bank or water support by instructors/volunteers for the event.	
Entrapment	Instructors/coaches/helpers  Participants	Dynamic assessment from bank or river and appropriate action taken.	Briefing on leaving boats right side up on the river if swimming free from boat to allow observation of trapped paddlers.
Child Protection	Instructors/helpers  Participants	Normal regulations adhered to i.e. youngsters and vulnerable adults not left alone with adults or other paddlers. Parents and family members bankside or on the water.	Guidelines for SCC child protection and vulnerable adult policy followed.
Covid	Instructors/helpers  Participants	Care taken when fitting PFDs, allowing for participants to organise straps and tightening with support. Hand washing facilities provided.	SCC Guidelines followed if the Covid risk heightens before event.

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